

## PROGRAM

- 7:00 AM**      **Registration/Breakfast/Poster Presentation**
- 7:45 AM**      **Welcome**  
Dr. Aney Paul, DNP, PNP, MPH  
President, NINPAA
- 7:50 AM**      **Conference Disclosure/  
Announcement**  
Dr. Cigi Mathew, DNP, FNP  
Conference Planner  
Leena Alapatt, PNP-BC  
Program Chair
- 8:00 AM**      **Evidenced-Based Benefits of  
Integrative Self-Care: A unique  
approach for APNs**  
Dr. Varsha Singh  
DNP, RN, APN
- 9:00 AM**      **Registered Nurses' Lived  
Experiences of Peer-to-Peer  
Incivility in the Work Place**  
Dr. Susan Rux  
PhD, MSN, RN, PHN, CNS,  
ACNS-BC, CNE, NE-BC, CHEP
- 10:00 AM**      **Break/ Poster Presentation**
- 10:15 AM**      **Diabetic Self-Management  
Education: An evidence-based  
approach to care**  
Dr. Lovelyamma Varghese  
DNP, RN, MSN, FNP
- 11:15 AM**      **Nursing Research and EBP  
Continuum: The implications for  
practice**  
Dr. Lily Thomas  
PhD, RN, FAAN

## PROGRAM (Contd.)

- 12:15 PM**      **Lunch / Poster Presentation**
- 1:15 PM**      **The Risk of Childhood Obesity  
in Infants of Diabetic Mothers**  
Dr. Nefertiti Cano  
DNP, BSN, MSN, MBA
- 2:15 PM**      **Probiotics: What is the evidence?**  
Amita Avadhani  
DNP, DCC, ACNP, ANP, APN, FAANP
- 3:15 PM**      **Transformation of Health Care  
Through Nursing Research**  
Dr. Kate O'Neill  
DNP, RN, MSN
- 4:15 PM**      **Evaluation/Closing Remarks**  
Dr. Anu Varghese, DNP, FNP-C  
Secretary  
  
Prasanna Babu, MSN, FNP-BC  
Treasurer



## Conference Speakers



**Dr. Varsha Singh**  
DNP, RN, APN  
Keynote Speaker



**Dr. Susan Rux**  
PhD, CNS, PHN, ACNS-BC,  
CNE, NE-BC, CHEP



**Dr. Lovelyamma  
Varghese**  
DNP, MSN, FNP-BC



**Dr. Lily Thomas**  
PhD, RN, FAAN



**Dr. Nefertiti Cano**  
DNP, FNP-BC, MBA



**Dr. Amita Avadhani**  
DNP, DCC, ACNP, ANP, APN,  
FAANP



**Dr. Kate O'Neill**  
DNP, RN

## Registration

Name: (First, Last): \_\_\_\_\_

Address: \_\_\_\_\_

City/State: \_\_\_\_\_

Zip: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Employer: \_\_\_\_\_

**NINPAA Member:**       YES       NO

**Fee:     \$110 for NINPAA Members**

**\$125 for Non-Members**

**\$75 for Full-time Students & Retirees**

Registration includes: NINPAA Folder with educational materials, breakfast/lunch/coffee/tea.

**Registration:** [WWW.NINPAA.COM](http://WWW.NINPAA.COM) for PayPal registration or return completed registration form along with check payable to NINPAA to:

**Aney Paul**

**37 Etna Place**

**Nanuet, NY 10954**

### Target Audience

**RNs, NPs, APNs, Nursing Students**

### **INFORMATION**

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Dr. Anu Varghese, 508-740-4911; anumedicostar@gmail.com

Prasanna Babu: 718-619-3083; pbabumvk@yahoo.com

Leena Alapatt: 914-439-0783; bennyleena@hotmail.com

Dr. Cigi Mathew: 845-709-0252; Cigism@gmail.com

Dr. Deepa Jose: 914-573-1593; josedeeepa18@gmail.com

Sunitha Menon: 904-316-6980; sunivenu2002@gmail.com

## Accreditation

This activity has been submitted to AANP for approval to award Contact Hours. American Association of Nurse Practitioners is accredited as an approver of continuing nursing education by the American Nurses Credentialing Centers Commission on Accreditation. Successful completion requires attendance at entire program and completion /submission of evaluation forms.

### **Eligible for 7 Contact Hours**

### Conference Learning Outcomes

Enhance knowledge of methodological issues specific to clinical research.

Examine evidence-based approaches to optimal health and healthcare

Describe strategies to enhance the quality and rigor of scientific inquiry.

Explore research design options.

Discuss the relationship of evidence based practice and excellence in care to patients and families.

### **NINPAA Officers**



Dr. Aney Paul  
DNP, PNP, MPH  
President



Bridget Parappurath  
CRNP, CCRN  
Exe. Vice-President



Dr. Grace Mani  
DNP, FNP-BC  
Vice-President



Dr. Anu Varghese  
DNP, FNP-C  
Secretary



Prasanna Babu  
MSN, FNP-BC  
Treasurer



Dr. Cigi Mathew  
DNP, FNP-C  
Joint-Secretary &  
Conferenbce Planner



Dr. Smitha Prasad,  
DNP, FNP-BC  
Joint-Treasurer



Sunitha Menon  
MSN, FNP-BC  
Education Chair



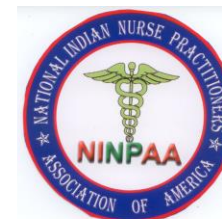
Leena Alapatt  
PNP-BC  
Program Chair

## **National Conference on Nursing Research**

**Theme:  
“Transformation of Healthcare  
through Nursing Research”**

**Presented by**

**National Indian Nurse Practitioners Association  
of America (NINPAA)**



Contact Hours provided by

**American Association of Nurse  
Practitioners (AANP)**

**Saturday, April 27, 2019  
7.00 AM- 4:15 PM**

**Venue:**

**Double Tree by Hilton Hotel  
425 East Route 59  
Nanuet, NY 10954**

**[www.ninpaa.com](http://www.ninpaa.com)**

