

National Indian Nurse Practitioners Association of America

(NINPAA)

Nurse Practitioner News & Views

June 2018 Volume 2 Issue 1



Professional Excellence

JUNE 2ND 2018

NINPAA's 1st National Conference in New York

Venue: Saffron Indian Cuisine
97 Route 303 North, Congers, NY 10920.

Theme: Enhancing Professional Excellence Through Evidence Based Practice:
Key to Quality Patient Outcomes

Great CEU
opportunity



Visit us at
ninpaa.com



Highlights: NP Week Celebration

NINPAA Voices in Politics, DNP Graduates, Scholarship awards to nursing Students in India, Care award Recipient
Educational Column Diabetes Management, Years of Service Recognition, Conference Presentations, Health Fair

Welcome to our very First NINPAA National Conference filled with outstanding speakers from across the USA. Hope you have a great learning experience and get to meet and greet our team who has been working relentlessly to make this day happen.



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President's Message

Dear NINPAA family and friends,



A very successful NP week celebration and I want to thank all those who participated and helped to make it a great accomplishment. At the celebration we recognized NPs who reached milestones of 5 yrs, 10 yrs, 15, yrs for their of service. First newsletter was released at the Celebration. I want to thank all the speakers who gave insight on leadership and starting own independent practice including House Calls.

NINPAA have more than 100 members from different states and we continue to grow through networking at both state and national levels and try to provide educational and professional development among its members. We had many great activities which uphold our vision and mission. We have organized health fairs, educational seminars and health fairs in different states, educational workshops in conference calls, discussion panels, helping other NPs in finding jobs, helping NP students in finding clinical placements. Also we gave scholarships to nursing students. Advancement in education is the prime goal for all NPs and complete their DNP with many graduated this year and more in school.

It is my honor and privilege to serve as the President of NINPAA. I am happy to invite all the RNs and NPs to NINPAA's first National education Conference on June 2nd. I am thankful to the Executive Board, Directors-at-Large, Committee Members, and to all those working sincerely to make it successful.

A special thanks to the Editorial Chair.

Thank you. **Aney Paul, DNP, MSN, PNP, MPH**

Secretary's Message

Nurse Practioners play a great role in keeping Americans healthy. We appreciate all NPs as they are the providers of high-quality, cost-effective, and personalized health care. We had a great NP week celebration and now we are going to have our first National Educational Conference. I am happy and proud to serve as the secretary for the National Indian Nurse Practitioners Association of America. I want thank all the Executive Board, Directors-at-Large, Committee Members for their support.

Anu Varghese, MSN, RN, DNP, FNP

EDITORIAL NOTE

NINPAA is taking new steps and reaching new Horizons as we speak from all corners of this blessed land. It is with great honor and enthusiasm we set this journey in January 2016. In the past few months NINPAA's growth and outreach has been remarkable. We have touched many lives across the globe as we promised and continue to be the light to shine in many hearts.

Our president's voice is echoing in politics to end the hazardous effects of smoking and to re consider the age for Tobacco 21. What a great time to be part of this great organization and to make that impact in clinical practice.

Let us travel this road together and write those stories with joy and passion.

Tesmol James MSN, APRN, FNP-BC



NINPAA GATHERING SPEED: REACHING ACROSS THE GLOBE

NINPAA Nursing Scholarship to 3 Nursing Students
Nirmala Nursing School Muvattupuzha, Kerala, India



NINPAA MILESTONES

NP Week Celebration



Kudos Corner:

NINPAA CELEBRATING DOCTOR OF NURSING GRADUATES 2017-2018

Jaisy Sony DNP, APRN, FNP-BC

Sobha Das DNP, APRN, FNP-C

Betty Thomas DNP, APRN, FNP-C

Bincy Toby DNP, APRN, FNP-C

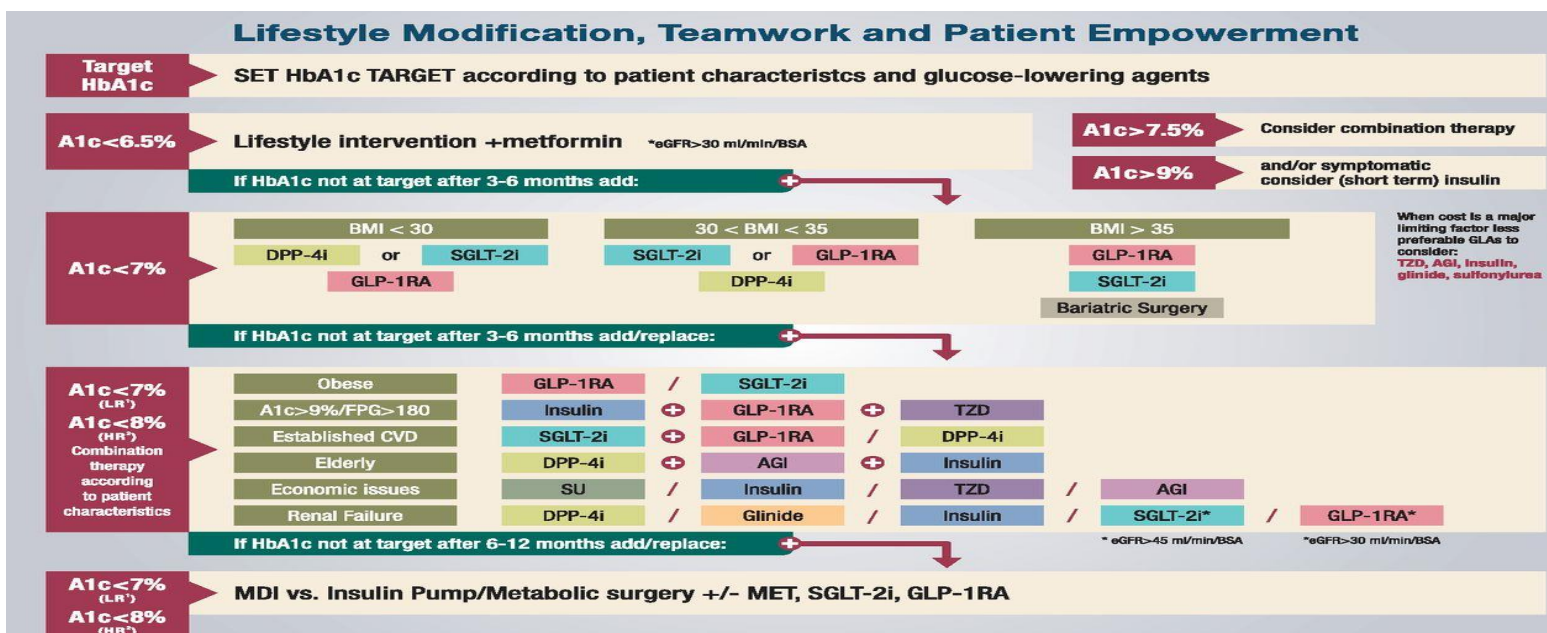
Susamma Abraham DNP, APRN, FNP-C

Vishnu Maya Upadhyay DNP, APRN, WHCNP, FNP-C

Presentation: Jessin Varghese MSN, FNP-BCThe Future of Diabetes Mellitus Management

Inpatient Blood Glucose Management Service associated with The Diabetes Center of Excellence at UMASS Worcester Medical Center. The world of diabetes management has changed over the last decade in many ways. Newer treatment options have emerged including different classes of diabetes medications to choose from such as GLP1 inhibitors, DPPIV inhibitors, and mixed options. There are newer formulations of insulin such as degludec, fisap, and admelog and many newer technologies to administer insulin more effectively including the closed loop insulin pump system, wireless continuous glucose monitors, talking meters etc. Access and costs for these innovations vary and it is vital that Nurse Practitioners are up to date with these products and treatment options to effectively guide the patients for a positive clinical outcome, incorporating the evidence-based practice. Being an informed provider, help us to advocate and ease the burden to effectively manage diabetes for our patients and reach goals that is attainable for each patient population with their lifestyle and other comorbidities in mind. Provider's awareness of the socioeconomic background and the educational level of each patient, along with the wide array of resources that are available to support the patient would be the best plan of care, thus keep them continually engaged with their diabetes management. As for providers, there are educational opportunities to advance their knowledge in treatment options, and practice modalities consistent with the latest guidelines in accordance with ADA and AACE thus help providers to determine the appropriate "next steps" in the diabetes management continuum.

Table Below: Diabetes Care 2016 Aug; 39(Supplement 2): S146-S153. <https://doi.org/10.2337/dcS15-3003>





NINPAA in Action



NINPAA Health Fair



Come Join us for more fun with NINPAA serving the community
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